[B1-B2 - Intermediate]

Used To & Would:

Past Habits & Younger Life

Welcome to our lesson on expressing **past habits**. Today, we will learn how to discuss our **younger life** and things we did in the past.

Warm-up Questions

1. What music bands did you listen to often when you were younger?
2. Did you have a favorite hangout spot or local cafe?
3. Where did you and your friends spend the weekends?
4. Let us discuss your memories of your younger life together!



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Grammar Rules: Used To vs. Would

We use ‘used to’ + infinitive for past states and repeated past actions that are no longer true (e.g., We used to live in the city center).

We use ‘would’ + infinitive ONLY for repeated past actions, not past states (e.g., Every Friday, we would go out dancing).

Remember: We do not use 'would' with state verbs like 'be', 'have', or 'know'.



Complete The Sentences

Fill in the blanks with 'used to' or 'would'.
(Sometimes both are possible).



1. When we were in university, we _____ stay up studying until dawn.
2. Our friends _____ have a small apartment near the beach.
3. We _____ meet at the local diner every Sunday morning.
4. We _____ think that finding a job would be very easy.

Reading Context:
A Journal from the Past

Read this short paragraph:

"During our early twenties, our weekends were always an adventure. We **used to** spend the whole day exploring the city. We **would** discover hidden bookshops, and our friends would meet us for late-night coffee. We **used to believe** that we had all the time in the world. Now, we look back and cherish those carefree memories."



Role-play Introduction:
College Alumni Event

Let us practice speaking! You and your partner are attending a university alumni event. You will discuss how things have changed and reminisce about your past habits and younger life.
Use **'used to'** and **'would'** as much as possible during the conversation.



Role-play Part 1: The Old Campus

Student A: Greet your old classmate and comment on how the campus looks. Ask what they remember about the studentunion building.

Student B: Reply and describe a specific event the student union **used to** host. Explain where you **would** sit to study between classes.

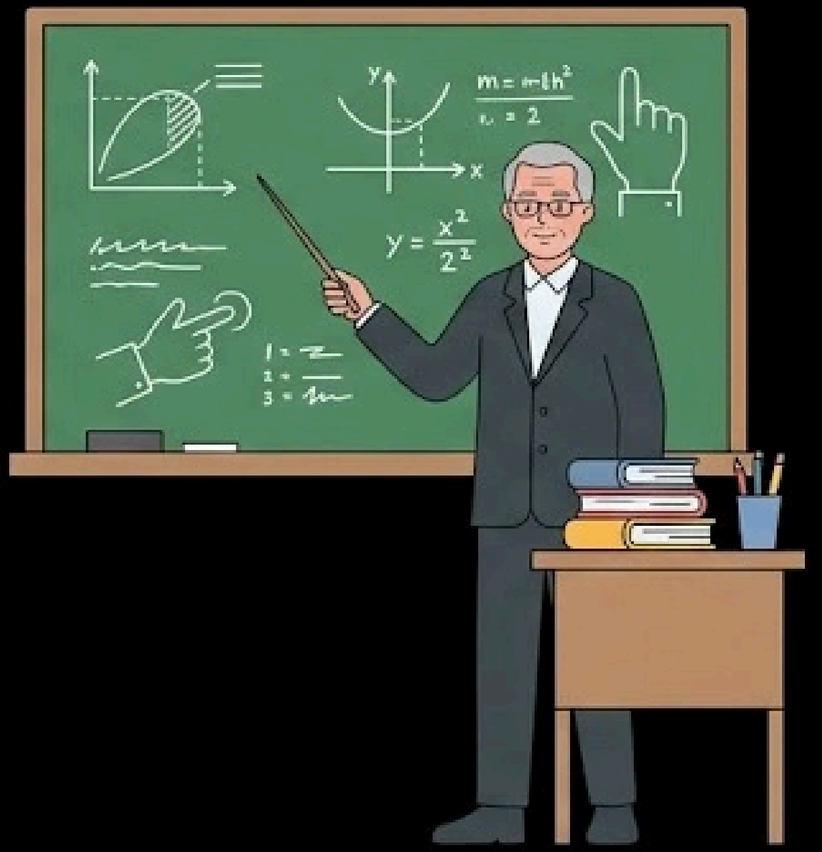


Role-play Part 2: Memorable Professors

Student A: Ask Student B about their most memorable professor from their younger life.

Student B: Talk about your favorite professor. Explain how they **would** start every lecture and what they **used to** say before exams.

Student A: React to the story and share a memory of a different professor you had.



Role-play Part 3: Weekend Habits

Student A: Ask Student B what they **used to** do on weekends during their younger days.

Student B: Explain that you **used to** play in a local band, and describe the venues where you **would** perform.

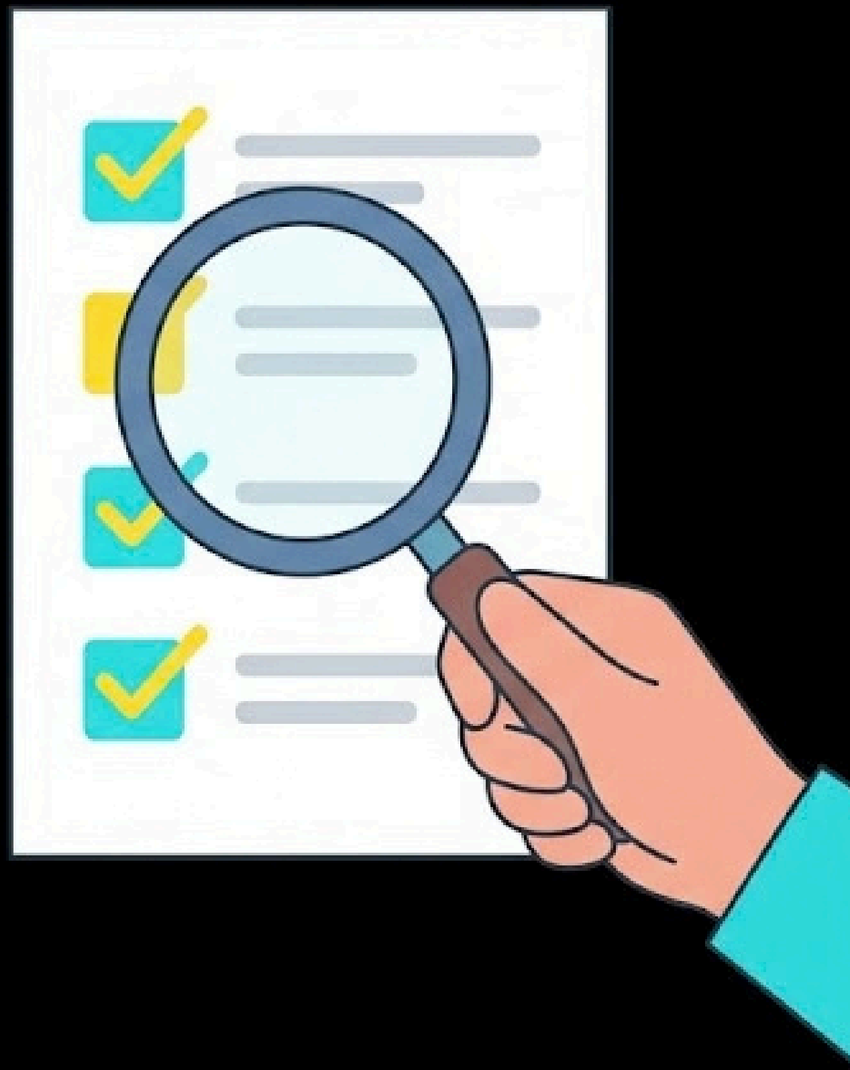
Student A: Share your own weekend habit, such as a part-time job you used to have or a place you would hang out with friends.



Review

Let us review what we learned today:

1. Can you explain the difference between ‘used to’ and ‘would’?
2. Give us one example of a past state using ‘used to’.
3. Give us one example of a repeated past action using ‘would’.
4. Excellent work practicing your younger life habits today!





THANK YOU

You've completed the class!

See you next time.